

# Social Media Policy update for Office Policies/ Informed Consent

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May 19 2015

I will communicate by text or email but know that these are not guaranteed 100% confidential.

I prefer to limit communication by text or email to scheduling changes or confirmation or administrative issues.

I will not interact with clients on Facebook, LinkedIn, Instagram or any other social media as that would be a conflict of interest and not respect confidentiality and thus be unethical.

I do have a twitter account and post relevant clinical and other articles of interest which you are welcome to see. Ask me for details.

I may communicate with clients by phone and phone counseling and charge regular rates per hour and prorated. Ask for details.

I also can do video counseling if you are interested. Ask for details

Some state laws restrict this unless I am licensed in your state too. I do have licenses in three states Arizona, Illinois and Michigan. My license in California is inactive at this time. I can make it active if necessary. Ask me for details.

Please check with me if you are on vacation, traveling for work somewhere, or moving to another state.

There are HIPAA compliant platforms which I would be willing to explore further if a need arises.

If you have any questions or comments regarding the use of these technologies for counseling, psychotherapy sessions check with your insurance or EAP program for your benefits and /or please feel free to ask me.

Thank you.

Please sign and date below that you have read and understand this

Feel free to ask me any questions to explore this further.

Signature \_\_\_\_\_ date \_\_\_\_\_

Psychotherapist signature \_\_\_\_\_ date, \_\_\_\_\_ -