

Informed Consent for Couple/ Marital counseling regarding confidentiality around individual sessions without the other person

During marriage, couple counseling, it become necessary to speak to each partner separately for assorted reasons. Confidentiality is delicately maintained, and nothing will be disclosed to the other partner unless with the permission of the individual first. However, this signature below is to agree that many topics brought up in individual sessions should be taken up when the couple meet again.

Marial or couple counseling treats the marriage as the client. In some cases, while it may be necessary and helpful to see one person separately, it is recommended that that person get an individual psychotherapist in some cases separate from the marriage counseling

The signature below indicates you agree with this and gives your permission to do so.

If you have any questions, please address them to the psychotherapist before signing below

Thank you,

Best regards,

Elizabeth A Smith LCSW

Client signature _____ Date _____

Client signature _____ Date _____